



May 20 2021



Dear Clients, Care partners and Family Members,

On behalf of Carefor and The Perley Rideau, we would like to extend a sincere thank you to all of you during these unprecedented times. Carefor and The Perley Rideau, continues to keep the best interest of our clients, families, and staff in mind, and is committed to ensuring that the best quality care is delivered in the safest way.

As you are well aware, COVID-19 is still a serious health threat, and the situation continues to evolve. Due to this, it has been determined, in partnership with The Perley and Rideau Veterans' Health Centre, our 24-hour respite program Guest House, will be suspended until March 31<sup>st</sup> 2022. We will keep you updated on any new developments related to our respite program at Guest House.

Although there is hope on the horizon with increased vaccine supplies and continued health safety measures, due to the nature of the Guest House in providing overnight care, the overall risk to seniors and those with health conditions is still considered high. Please know that we are monitoring this global pandemic very closely, and that we receive updates from Public Health Ontario and the Ministry of Health daily. The health and safety of our clients, family members and our staff is of the utmost importance to us.

Please be assured, you will be contacted by our staff team when it is deemed safe to resume this service. If you have any questions, please reach out to our Guest House at [guesthouse@carefor.ca](mailto:guesthouse@carefor.ca).

Below, please find a short list of community resources you may find helpful at this time.

Sincerely,

*Isabelle Chartrand*

Robin Meyers  
Director- Community Support Services  
Carefor Health & Community Services

Isabelle Chartrand  
Program Manager  
Carefor Health & Community Services



## Community Resources:

- If you are looking for information on COVID- 19, please go to:  
<https://www.ottawapublichealth.ca>
- The Champlain LHIN - Respite Care options: 310-2222 (no area code)
- The Champlain Health line - for Community support services  
<https://www.champlainhealthline.ca/>

Carefor does not endorse or recommend any particular services or programs, this is solely a list which we hope is helpful:

## Carepartner Support:

- Dementia Society: 613-523-4004 to speak with a Dementia Care Coach  
<https://dementiahelp.ca/>
- The Ontario Caregiver Organization: 1-833-416-2273 – Helpline for 24/7 support  
<https://ontariocaregiver.ca/>
- Alzheimer Society First Link Dementia Helpline: 1-800-936-6033 – weekdays from 9:00 am-8:00 pm
- Dementia Carers: support & education  
<https://www.dementiacarers.ca/>

## Respite Resources:

- <http://livingwithcareottawa.com/>
- <https://www.myplacehomecare.ca/>
- <https://retireathomeottawa.com/companion-care-ottawa-on/>
- <https://qualicareottawa.com/services/in-home-respite-care/>
- <https://www.comforcare.ca/ontario/ottawa-champlain.html>
- <https://www.fieldtriprectherapy.ca/>